



Clinical Fellowships

in

Reconstructive Orthopaedics

with

Ilizarov & Newer Techniques

Clinical Fellowships are offered in Ilizarov techniques and General Orthopaedics at CFIT India for young Orthopaedic Surgeons who have passed MS Ortho.

CFIT India is one of the premier institutes in India dedicated to Reconstructive Orthopaedics & Traumatology using the Ilizarov techniques & other superior emerging technologies.

It is the only institute in India / Asia where the entire spectrum of Ilizarov Techniques are practised, and to perfection.

We have the maximum experience in **Limb Lengthening** in the country with all possible segments being lengthened from 2 cm to 26 cm using all methods of lengthening--namely Ilizarov method, LRS fixator, TSF Fixator, LON (Lengthening over Nails) & Implantable lengthening.

We pride ourselves on not only doing the most numbers of lengthenings, but also maintaining minimum number of complications.

In the field of **Deformity Correction** we have the very best analytical and therapeutic methods being used. Graphic method, Trigonometric methods for Oblique plane deformity analysis as well as Software Simulation for determining best shape, level & method of osteotomy. Finally, in surgery we not only practise the Ilizarov method to perfection but are also the first users of **TAYLORS SPATIAL FRAME** in India. Patients for Deformity Correction have come to us from all corners of India and also from UK, USA & Canada. We are able to give accuracy of correction to within one degree of normal in most patients.

Since 2008, we have been practising **Fixator Assisted Nailing** which is the most patient friendly method of Lengthening and Deformity correction.

Post-Traumatic Reconstruction is a day-to-day surgery at our centre and complex Malunions & NonUnions have been treated in their hundreds with a very high percentage of success. We have evolved algorithms of treatment which ensure a complete cure of infection, deformity, length and union parameters.



(2)

Not only does our centre specialize in the treatment of esoteric Congenital anomalies & other complex problems, but we also specialize in the treatment of less glamorous problems like **Poliomyelitis**. In fact we have designed 3 new surgeries for Poliomyelitis and maintain that Polio is the most challenging problem in Orthopaedics and also its greatest teacher.

We are also the first centre in India to offer the **PONSETI technique for Clubfoot Correction**. We have treated more than 200 feet in new born babies with this method since 2001 and also hosted an International conference in 2004 with Prof. Jose Morcuende, the associate of Dr. Ponseti at Akola. We have designed techniques for correction in older children with clubfoot - with POP Casting and Ilizarov fixator -- a method for which Dr. Milind Chaudhary was invited to lecture all over India as well as USA, and Australia.

Many techniques in Paediatric Orthopaedics are practised routinely to perfection since 1991. We have the largest experience in the treatment of Congenital Pseudarthrosis of Tibia in India (with more than 40 cases over 19 years). Congenital Tibial Fibular and radial and Ulnar Hemimelias are routinely treated at our centre.

Details of the Fellowship

The Clinical Fellowship is a program in which thorough exposure to advanced methods in Reconstructive Orthopaedics can be learned by active participation & service to patients.

Fellowships are offered in 3 Different Modes:

- 1) *Long Term(6 Month & One year) Fellowships*
- 2) *Long Term Fellowship leading to Career Opportunity as an Associate Surgeon*
- 3) *Short Term Paid Observerships*

6 Month Clinical Fellowship

First 2 weeks---

Ward and OPD Duties

Week 3 & 4 --

Observation in OR on Specific days

2nd to 5th Month--

assistance in Surgery, performance of Minor procedures, Post-Op Ilizarov care.



(3)

- 6th Month--** Performance of Ilizarov Surgery under Supervision.
- Stipend Offered :** Rs 12,500 to 15,000 per month and Living Quarters on the campus + Performance based incentives.
- Minimum Qualification:** M.S. Orth/DNB Orth. There will be a strong emphasis on participation in Clinical Research and publishing & reading scientific papers.

Leave will be granted for 10 days in 6 months with prior permission.

1 Year Clinical Fellowship

- Weeks 1 & 2--** Ward & OPD Duties
- Weeks 3 & 4 -** Observation in OR along with other duties
- Months 2 to 4 --** Assitance in Surgery and other duties
- Months 4 to 6 -** Performance of Minor Surgery under Supervision & other Duties
- Months 7 to 9--** Performance of Major Surgery under Supervision & other Duties
- Months 10 to 12--** Performance of Major Surgery Independently & Other Duties
- Stipend Offered --** Rs 15,000 for first 6 months and then Rs 20,000 per month + Performance based Incentives
- Min. Requirement** M.S. Orth / DNB Orth. There will be a strong emphasis on participation in Clinical Research and publishing & reading scientific papers.

Leave will be granted for 20 days in one year with Prior Permission.

Long Term Fellowship leading to Career Opportunity as Associate Surgeon

Minimum Qualification would be 3 years after M.S. Orth// DNB Orth.

Preference will be given to those who have done the 6 month or 1 year Fellowships and their Salary will start at Rs 50,000 per month. For those starting without Fellowships, Initial 3 months the salary will be Rs 40,000.

There will be option of living Quarters on campus as well as performance based incentives.



(4)

We take pride on being the only institute in India which teaches the original & authentic reconstructive techniques without charging a fee! You will learn and earn at the same time; as have dozens of other young surgeons from all over India in the last 20 years.

Short Term Paid Observership

1) 15 Day & 30 Day Observership-- the surgeon will be charged a Fee of Rs 10,000 and 20,000 respectively which will have to be paid by DD in the name of Dr. R.N. Chaudhary Trust (a Public Charitable Trust operational since 1986 --No E-1986 AKL-)

Fellowships for International Surgeons

It is possible for us to give Research Fellowships to International Surgeons for either 6 or 12 months. They could be provided with Accomodation on the campus. To be able to participate in Clinical activity they will have to apply to the Medical Council of India for a temporary Registration. This will entitle them to assist and perform surgery. This process may take several months.

The Research Fellowship will allow them to focus on two or three topics and perform intensive Clinical research on our extensive clinical material with a view of being able to create an article for publication. They will also have the option of observing surgery.

Research Fellowships may not have a stipend.

Durations shorter than 6 months will be possible only upon the payment of a nominal fee--again made out to a charitable organization.

Kindly apply with brief Biodata and recommendation letters from two Departmental Professors and a copy of the Orthopaedic Degree certificate to milind.chaudhary@gmail.com

Dr Milind Chaudhary

Hon. Asst Prof. of Orthopaedic Surgery
Govt Medical College
Director,
International Deformity & Lengthening Institute, Akola
Consultant , Jaslok Hospital Mumbai
President, ASAMI INDIA.



CFIT India